

Keeping...



In Step with the Master Teacher

Issue 3:11

Making the most of snack time

Children enjoy having a snack, but have you ever thought about linking your snack time with the Bible teaching? There are all sorts of creative ways to use it to reinforce the one Bible truth you're focusing on.



Practical Tip

The snack can be a craft that the children make and eat after the Bible time. For example, get the children to dip small pretzel sticks into melted chocolate and use them to form a crown of thorns (see the picture above) to help them remember Jesus' suffering as he went to the cross. Or you could use icing to attach a small gingerbread man to a rectangular-shaped biscuit to help them remember the paralysed man who was carried to Jesus by four friends.

Another idea is to include a snack when role-playing the Bible story. For example, after Joseph's brothers had thrown him into the pit they sat down to eat their meal. Serve a snack as the children role-play Joseph's brothers sitting down to eat. Or, re-enact the Passover meal and serve flat bread, meat, and herbs. Make sure you check whether any of the children have food allergies and provide alternatives for them, if necessary.

One more idea is to serve a snack which represents a food mentioned in the Bible story. For example, serve fish-shaped crackers to remember the feeding of the 5,000; or grapes to remember Naboth's vineyard. See if the children can see the link between the food and the Bible teaching.

BCM UK's vision is for more and more children and young people to come to know, love and obey God.

To learn more, we recommend the ISMT training session:

Using Time Effectively

Use your time in the best way you can.

Colossians 4:5
(International Children's Bible)



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